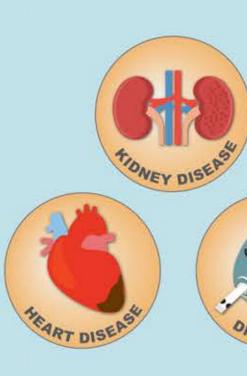
How much Sugar is in your drink?

What can sugary drinks do to our bodies?

aspoons

Sugary drinks don't have the nutrients our bodies need to stay healthy. They have lots of added sugar. Too much sugar can cause...



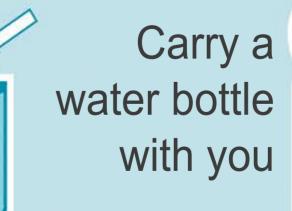
f 🗾 @Apunipima **F** #SugaryDrinksProperNoGood youtube.com/apunipima rethinksugarydrink.org.au/murri

easpoons



Water is the best drink for everyone

Have water on the table at every meal





ENERG

DRINK

fridge

Keep chilled water in the



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