

## Guidelines for a Healthy Drinks Vending Machine

The purpose of these guidelines is to provide realistic and attainable recommendations for stocking beverage products in vending machines that will ensure consumers can enjoy healthier choice options.

Recommended products	<ul style="list-style-type: none"> <li>• Water/sparkling water with no added colour, flavour or sweetener</li> <li>• Diet or low-kilojoule soft drinks (no added sugar)</li> <li>• Diet or low-kilojoule energy/sports drinks (no added sugar)</li> <li>• 100% fruit and vegetable juices (no added sugar)</li> <li>• Unsweetened teas</li> <li>• Reduced-fat milk (plain or flavoured)</li> </ul>
Proportions	<ul style="list-style-type: none"> <li>• Water/sparkling water should occupy the largest amount of display space in the vending machine</li> <li>• Fruit and vegetable juices (without added sugar) should be provided in the smallest available containers only</li> </ul>
Locations	<ul style="list-style-type: none"> <li>• Stock water/sparkling water at eye level or in the highest-selling position</li> </ul>
Pricing	<ul style="list-style-type: none"> <li>• Set a lower price for water – make the healthiest choice the cheapest</li> </ul>
Promotion/Information	<ul style="list-style-type: none"> <li>• Use display space on machine to promote healthy/low-kilojoule beverages</li> </ul>

The following items are considered the less healthy choice because they are high in added sugar, providing excess kilojoules with little or no nutritional value, and should be limited to no more than 20 per cent of the drinks available:

- Regular soft drinks
- Regular sports drinks
- Regular energy drinks
- Fruit drinks with added sugar
- Iced tea/flavoured teas
- Vitamin water

These products should not be included at all in vending machines located in children or adolescent settings such as schools.

## Example of a healthy vending machine

